



April 14<sup>th</sup>, 2022

To: Parents/Guardians of Evergreen Middle School PE students  
From: **Michele Waddel - Principal**  
Regarding: Comprehensive sexual health education

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Dear Parents/Guardians,

Starting in May your student's PE class will address topics in sexual health education. Consistent with district policy 2123, content will address AIDS and sex education, including information about human anatomy, reproduction and related topics. AIDS prevention education will be limited to the discussion of the life-threatening dangers of the disease, its spread and prevention.

On the back side of this paper, there is an overview of the following topics broken down grade levels.

If you would like to preview the curriculum, please fill out a request to preview the curriculum form that can be found at **Click on [Request to review curriculum](#)**. You may also attend a curriculum presentation by Mrs. Wilder on April 21<sup>st</sup>, 6:00 PM on Zoom. Meeting ID # - 972 5983 7879 Passcode: EVG

District policy allows you to opt out your student of all or a portion of instruction. If you do NOT want your student to receive sexual health instruction, please notify your student's teacher through email or complete a green **opt out available in the Main Office or request one from your students PE Teacher**. Students who opt out of instruction will receive alternative class assignment(s) not addressing sexual health topics. Teachers will begin the lessons to all students who have NOT opted out on or after May 23rd.

Please do not hesitate to contact your student's teacher with questions.

Sincerely,

*Mrs. Wilder*

Penny Wilder  
Evergreen PE/Health Department

The district's adopted curriculum, *Get Real: Comprehensive Sex Education That Works*, will be used for instruction. The following topics will be addressed for Grade 8:

- Creating the Classroom Environment
- Healthy and Unhealthy Relationships
- Addressing Obstacles to Abstinence
- Comprehensive Protection Methods
- STI/HIV Transmission
- Living with HIV
- Refusal Skills
- Goals and Decision Making
- Bystander Training
- Affirmative Consent
- Conclusion and Review

The district's adopted curriculum, *Get Real: Comprehensive Sex Education That Works*, will be used for instruction. The following topics will be addressed for Grade 7:

- Creating the Classroom Environment
- Healthy and Unhealthy Relationships
- Creating a Safe School Environment
- Deciding About Sexual Behavior
- Defining and Maintaining Abstinence
- Introduction to Sexually Transmitted Infections (HIV)
- Introduction to Protection Methods
- Affirmative Consent
- Conclusion and Review

The district's adopted curriculum, *Get Real: Comprehensive Sex Education That Works*, will be used for instruction. The following topics will be addressed for Grade 6:

- Creating the Classroom Environment
- Communication and Refusal Skills
- Relationships and Boundaries
- Male Anatomy and Reproduction
- Female Anatomy and Reproduction
- Puberty
- Abstinence
- Decision Making and Values
- Consent
- AIDS/HIV
- Conclusion and Review